What is claimed is:

- 1. A method for reducing the level of acrylamide in a dough-based food product, comprising adding a water soluble multivalent cation to said food product before heating.
- 2. The method of claim 1, wherein said water soluble multivalent cation is selected from the group consisting of calcium, zinc, magnesium, copper, aluminum, or mixtures thereof.
- 3. The method of claim 1, wherein said multivalent cation comprises calcium lactate.
- 4. The method of claim 1, wherein said multivalent cation comprises calcium chloride.
- 5. The method of claim 1 wherein said multivalent cation is not complexed or chelated.
- 6. The method of claim 1, comprising:
 - (1) adding a water soluble multivalent cation to a dough;
 - (2) forming a snack piece from the dough; and
 - (3) cooking the snack piece to form a fabricated snack.
- 7. The method of claim 6, wherein said water soluble multivalent cation comprises calcium lactate.
- 8. A method for reducing the level of acrylamide in a food product, comprising adding a water soluble multivalent cation to said food product before heating, wherein said water soluble multivalent cation is selected from the group consisting of zinc, magnesium, copper, aluminum, or mixtures thereof.
- 9. The method of claim 8, wherein said water soluble multivalent cation is not complexed or chelated.
- 10. The method of claim 8, comprising:
 - (1) adding a water soluble multivalent cation to a food material, wherein said food material comprises asparagine;
 - (2) optionally mixing the cation with the food material;
 - (3) allowing a sufficient time for the cation to complex; and

(4) heating the food material to form the finished food proc
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- 11. The method of claim 8, comprising:
 - (1) optionally peeling potatoes;
 - (2) optionally washing potatoes;
 - (3) slicing potatoes to form potato slices;
 - (4) optionally rinsing the potato slices;
 - (5) optionally blanching the potato slices;
 - (6) optionally cooling the potato slices;
 - (7) adding a water soluble multivalent cation to the potato slices;
 - (8) optionally drying the potato slices;
 - (9) frying the potato slices to form potato chips.
- 12. The method of claim 8, comprising:
 - (1) optionally peeling potatoes;
 - (2) optionally washing potatoes;
 - (3) cutting potatoes to form potato strips;
 - (4) optionally rinsing the potato strips;
 - (5) optionally blanching the potato strips;
 - (6) optionally cooling the potato strips;
 - (7) adding a water soluble multivalent cation to the potato strips;
 - (8) optionally drying the potato strips;
 - (9) optionally coating the potato strips; and
 - (10) par-frying the potato strips to form par-fries.
- 13. The method of claim 8, comprising:
 - (1) cooking potatoes to form cooked potatoes;
 - (2) forming a wet mash from the cooked potatoes;
 - (3) adding a water soluble multivalent cation to the wet mash;
 - (4) drying the wet mash to form dehydrated potato products.
- 14. The method of claim 8, wherein said multivalent cation comprises calcium lactate.
- 15. The method of claim 8, wherein said multivalent cation comprises calcium chloride
- 16. The method of claim 1, wherein the acrylamide level is reduced by at least about 10%.

- 17. The method of claim 8, wherein the acrylamide level is reduced by at least about 10%.
- 18. The method of claim 1, wherein said adding a water soluble multivalent cation comprises adding a water insoluble multivalent cation and an acid.
- 19. The method of claim 18, wherein said water insoluble multivalent cation comprises calcium hydroxide and wherein said acid comprises lactic acid.
- 20. The method of claim 8, wherein said adding a water soluble multivalent cation comprises adding a water insoluble multivalent cation and an acid.
- 21. The method of claim 20, wherein said water insoluble multivalent cation comprises calcium hydroxide and wherein said acid comprises lactic acid.